

ASPEN  Healthcare  
*The heart of home health care...*

Aspen HealthCare Services is a full-service home health agency specializing in the care of medically complex patients with pulmonary disease, including advanced-stage COPD and ventilator dependency. **We are the *Pulmonary Rehabilitation Specialists in the Home Health Care environment.***

We have Respiratory therapists with in-depth experience in pulmonary rehabilitation and long-term ventilator management team with highly qualified nurses and physical, occupational, and speech therapists to provide targeted, competent, and responsive care to these medically fragile individuals. Our service capabilities include:

- Comprehensive nursing, RT, PT, and OT assessment
- Identifying and addressing environmental risk factors
- Training in principles and techniques of self care including medication and oxygen administration, and bronchial hygiene techniques
- Guidance through individualized programs of graded, reconditioning exercise and training in the use of adaptive techniques and equipment for ADLs
- Monitoring and immediately responding to signs of incipient infection
- Educating in the physical, psychological, and social aspects of chronic disease

We take all insurances including Secure Horizon, Medicare, Medicaid, and private pay. Give us a call today to evaluate our services.

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[www.AspenCares.com](http://www.AspenCares.com)